

Sensory Processing & Trauma and Attachment Training for Teachers

To develop a comprehensive understanding of sensory processing and sensory integration, it's essential to explore how developmental trauma can impact sensory processing. These **two virtual** sessions will provide you with an insight into senses and their influences on a child's behaviour and function.

Sensory Processing

Secondary Schools

Tuesday 23rd September 2025

Primary Schools

Tuesday 4th November 2025



3:30pm-5:00pm

Sensory processing refers to the way the brain receives, organises, and interprets sensory information from the environment and the body. This includes information from the five primary senses; sight, sound, touch, taste, and smell, as well as proprioception (sense of body position), vestibular (sense of balance and movement), and interoception (internal sensations like hunger, thirst, or heart rate).

People experience sensory processing differently, which can lead to a variety of responses. For some, sensory processing may be heightened (sensory sensitivity) or diminished (sensory seeking or under-responsive). Sensory processing issues are often seen in people with conditions like autism, ADHD, sensory processing disorder (SPD), and people with developmental trauma.

The aim of the training is:

- Develop an understanding of Sensory Processing/ Sensory Integration
- Gain an understanding of the senses and how these can impact on a child's behaviour and function
- Develop an understanding of how sensory-based activities can aid regulation at home/school
- Gain an understanding of the importance of co-regulation and self-regulation via sensory input

Trauma & Attachment

Secondary Schools

Tuesday 30th September 2025

Primary Schools

Tuesday 25th November 2025



3:30pm-5:00pm

Trauma refers to a psychological, emotional, or physical response to an event or series of events that overwhelms an individual's ability to cope. This can be a one-off incident or a number of incidents which is often referred to as developmental trauma.

Trauma can impact a person's sense of self, their relationships and attachments to others, and their ability to regulate emotions. The quality of early attachments affects how individuals form relationships and connections as they get older and are crucial in development through life.

The aim of the training is:

- Brief overview of the senses and sensory processing
- The impact of Developmental Trauma on Sensory Processing
- Introducing Attachment Patterns based on the Dynamic Maturational Model (DMM)
- Introduce different models and method of treatment and support.
- Gain an understanding of the importance of co-regulation and self-regulation through an attachment lens.

BOOK NOW



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Trauma & Attachment* - [Click here](#)

Primary Schools: To book your webinar place:

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